



# ORAL HYGIENE PLAY CENTER



## MATERIALS

- String or Yarn
- Toothbrushes
- Duplo Blocks
- Dry Erase Marker
- Play-dough
- Step-by-step Handout

## HOW TO:

1. Explain to students the steps in brushing and flossing teeth, including why they are important. Ask questions about the steps and about their own experiences.
2. Put play-dough in between the top bumps of the duplo blocks and dry erase marker on the sides.
3. Have students follow the steps of the handout by first brushing off the dry erase marker, "brushing the teeth", and then using the string to remove the play-dough, "flossing the teeth".



Handout

- Can visually see the steps
- Labels on toothpaste and floss



Duplo Blocks



Toothbrushes



String or Yarn



Play-dough



Dry Erase Marker

## PURPOSE

Teach students the importance of oral hygiene and how to practice proper oral hygiene.

PDM1.4e

Identifies the importance of and participates in activities related to health and self-care needs.

## PHOTOS FROM ACTIVITY



Above: Students "brushing teeth"



Above: Students "flossing teeth"

## DEVELOPMENT

**Social:** The questions and prompts asked during the center help develop social conversation skills.

**Emotional:** Activity encourages students to develop confidence and independence with their own oral hygiene routine.

**Physical:** Students are using fine motor skills to brush and floss the "teeth".

**Cognitive:** Activity reinforces the idea of cause and effect and also engages their memory and sequencing to do the steps in order.

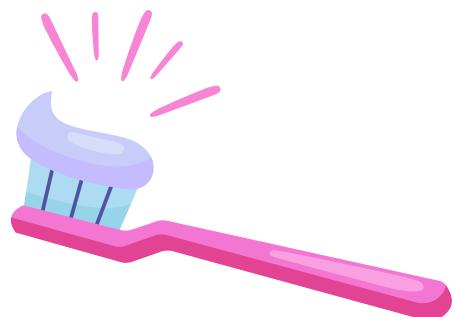
# ORAL HYGENCE

## STEPS

1



2



3



4



5



FLOSS

6

